

INTELLIGHENZIA PROJECT A.S.D.

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INTERNAL REGULATIONS - GENERAL RULES

1. The Client is subject to these regulations and must follow the instructions of the service staff.
2. The Client must adhere to the official opening and closing hours of Intelligenza Project (hereinafter also referred to as the "Facility") as posted at the entrance or published on the website.
3. In accordance with legal requirements, Intelligenza Project premises are equipped with an internal video surveillance system with closed-circuit recording to protect people present in the facility and safeguard the facility's assets.
4. Access to the Facility is permitted only to those who have signed the necessary documents (such as the membership form, the Regulations, and the privacy policy) and hold an entry pass obtained after payment as per the current price list. Access registration takes place at the reception.
5. While inside the Facility, all attendees must behave politely, diligently, and hygienically to avoid risks to themselves and others. Indecent or inappropriate behavior or clothing is also prohibited. It is forbidden to be shirtless, wear swimwear, or be barefoot while exercising.
6. Any activities incompatible with climbing and other sports activities at the Facility are prohibited.
7. The use of non-climbing-related sports equipment, such as balls, bicycles, skates, or others, is not allowed.
8. Smoking, consuming food or alcoholic beverages, and entering the Facility under the influence of alcohol and/or drugs is strictly prohibited.
9. It is forbidden to disturb other attendees with shouting, yelling, or behavior that is not appropriate for the sports activities or that could cause disturbance, annoyance, or harm to others.
10. The activity areas, except for the reception, changing rooms, bar, and restaurant, must be vacated 30 minutes before the Facility's closing time.
11. It is recommended to take care of your valuables. Bags and backpacks are not allowed on the mats. Intelligenza Project assumes no responsibility for lost items in the Facility.
12. Bringing food or meals from home and consuming them inside the Facility is not allowed.
13. The use of the Facility's equipment and any exercises performed by Clients are entirely their responsibility or, in the case of minors, that of their legal guardian.
14. Intelligenza Project may occasionally be closed or partially accessible (for climbing courses, events, maintenance, etc.) with prior notice on the bulletin board or digital channels. This does not entitle a reduction in entry fees or membership subscriptions.
15. The management assumes no obligation or responsibility for the safekeeping of materials or personal belongings inside or outside the Facility.

16. The responsible staff may expel anyone behaving in a manner deemed non-compliant with these regulations, without a refund of the entry fee.
 17. Clients may use the parking spaces at the sports facility. These are unsupervised, so the Client is advised not to leave bags or valuables inside their vehicles. Intelligenza Project declines any responsibility for theft or damage to cars in the parking lots.
 18. Intelligenza Project reserves the right to immediately expel and terminate the contract if the Client misuses any equipment, machinery, or furnishings (including showers, sinks, lockers) or engages in conduct that could be deemed criminal or threatens or insults the gym, collaborators, other Clients, or third parties. In such cases, in addition to immediate contract termination, the Client must reimburse Intelligenza Project for any damages incurred.
 19. By signing the registration form and accepting these regulations, the attendee releases Intelligenza Project and its staff from any liability for accidents caused by negligence, inability, or misjudgment of their own abilities.
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GENERAL RULES OF CONDUCT FOR MINOR CLIENTS

1. Minors under the age of 16 must be accompanied and assisted by a parent or another adult designated in writing by the parent, who meets all the requirements mentioned in the previous section, in order to climb in the boulder area.
 2. Minors who are 16 years old or older may access and use the Boulder area without the assistance of a parent or other adult.
 3. The parent and/or designated adult will have full custody and supervision of the minor and must monitor their every action to ensure compliance with these regulations.
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GENERAL RULES FOR CLIMBING

1. The practice of sport climbing is a potentially dangerous sport. All attendees must strictly adhere to the following rules.
2. Sport climbing requires the punctual, scrupulous, and consistent observance of the following rules by all attendees, as well as any other practical and/or technical rules applicable to climbing, even if not mentioned in these regulations.
3. This practice can still involve the risk of accidental injury to oneself or others from possible falls. Therefore, each attendee is advised to take out an individual insurance policy to cover the risks associated with this sport and any related damages.
4. Any sports activity in the climbing area is carried out independently by the Client and/or attendee: - in the so-called Boulder area, individually, although assistance from another Client or attendee may be requested to help guide the climb and possibly cushion a fall.
5. Engaging in any activities incompatible with sport climbing is prohibited within the climbing area. Smoking, bringing in musical equipment, beverages, or food of any kind is also prohibited.
6. The use of climbing shoes is mandatory for climbing on the bouldering walls. No other types of footwear are allowed. Climbing barefoot, in sandals, or open shoes is prohibited.

7. The positioning of holds, route setting, and safety equipment is reserved for gym staff; the holds must not be moved or rotated by attendees, who must always be cautious of potentially loose holds. Any need for repair or technical intervention should be promptly reported to the responsible service personnel, especially in the case of structural anomalies (loose screws, unstable elements, spinning holds).
 8. Any improper behavior or structural or equipment anomalies must be immediately reported to the Facility staff.
 9. During open hours, there may be staff on-site for assistance or supervision. Clients and attendees are required to follow the instructions of the responsible staff to ensure maximum safety during climbing. However, this staff does not provide instruction or climbing assistance, which is carried out independently or with chosen companions for whose ability and experience Intelligenza Project is not responsible.
 10. Climbing or scaling while using mobile phones, headphones, earphones, or with objects in pockets (or anywhere else) that might fall or become unfastened, causing harm to the climber or others below, is prohibited. Wearing rings or sturdy necklaces while climbing is also prohibited.
 11. Climbing shoes are only allowed in the climbing areas. They cannot be worn in other areas like bathrooms, changing rooms, or fitness rooms.
 12. Attendees must respect their turn to climb, and spectators must not remain under the walls for any reason.
 13. Minors under 16 must be accompanied and assisted by a parent or another adult designated in writing by the parent in order to climb in the boulder area. Minors who are 16 years old or older can access and use the Boulder area without the assistance of a parent or another adult but must still have parental or guardian authorization.
 14. The parent and/or designated adult will have full custody and supervision of the minor and must monitor their every action to ensure compliance with these regulations.
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SPECIFIC REGULATIONS FOR THE BOULDER ROOMS

1. Placing personal belongings on top of the mats on both levels is prohibited.
 2. It is forbidden to use the bouldering room's structures while wearing a harness, quickdraws, chalk bags, or other items that could damage the protective mat or be potentially dangerous in case of a fall, such as necklaces, rings, cords, mobile phones, or anything else that could get caught on holds, causing injury or a strangulation risk.
 3. Sitting or standing on the protective mats while others are climbing is prohibited.
 4. Stepping onto the mats without climbing shoes is not allowed.
 5. The right of way belongs to the climber.
 6. Standing or climbing underneath another person is strictly prohibited.
 7. The safety of landing on the mats is the sole responsibility of the climber.
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FITNESS ROOM REGULATIONS

1. Appropriate clothing and clean-soled sneakers must be worn to enter the equipment room. Training shirtless, barefoot, or in flip-flops is not allowed for hygiene and safety reasons. Loud groaning during training is also discouraged as it does not align with the Facility's code of conduct.
2. For hygiene reasons, it is recommended to place a personal towel on the equipment during use. Staff may deny access if this rule is not followed.
3. At the end of use, equipment should be properly returned, and cardio machines should be wiped down using the provided cleaning products.
4. Equipment cannot be reserved or occupied without presence. During breaks between sets, equipment can be used by other Clients, but the towel should be removed.
5. Equipment should not be occupied for longer than necessary to complete exercises. Similarly, using multiple pieces of equipment (including dumbbells) simultaneously is prohibited.
6. Dumbbells must be placed in their designated racks after use, and barbells should be unloaded. For safety and liability reasons, stacking benches and creating makeshift workout structures is forbidden.
7. Clients responsible for damage to equipment, facilities, or the structure due to negligence or failure to follow these rules must compensate for damages immediately or before leaving the Facility.
8. For safety reasons, bringing glass objects or any unauthorized tools or equipment into the fitness area is prohibited.
9. Clients must follow the instructions provided in the "information charts" posted near each piece of equipment. Proper use of equipment ensures a safe workout.
10. It is recommended to take care of personal valuables. Bags or backpacks are not allowed in the weight room or exercise class areas. Intelligenza Project assumes no responsibility for lost items.
11. Bringing food or meals from home and consuming them in the fitness areas is prohibited.

CHANGING ROOM REGULATIONS

1. The gym is equipped with changing rooms, and lockers are available outside of them for Clients to store their belongings. Lockers are free to use but require Clients to bring their own padlock.
2. Clients are not allowed to store high-value items. Intelligenza Project assumes no responsibility for theft or items left unattended. The lockers are not tamper-proof. Clients must leave lockers empty after finishing their workout. Lockers occupied after closing hours will be opened, and their contents will be returned or disposed of if the owner cannot be identified.
3. Items found will be kept by staff for a maximum of 48 hours.